



## County Day Training 2008

The RYANI County Day Training is open to all Northern Irish sailors under the age of 16 in Topper, Optimist and Laser 4.7 classes. It is aimed primarily at those sailors who wish to develop their racing skills with a Squad coach in order to help them gain a good understanding of racing within the class and to go on to compete at open class events.

**CDT sessions will be used to help consider those applying for the 2008-09 Topper Junior Squad. Sailors should attend a minimum of 2 sessions with an emphasis placed on the final session at SLYC September.**

**Details on Squads (criteria, application) can be found at [www.ryani.org.uk](http://www.ryani.org.uk)**

Sessions will normally start at 10 am and end at around 4.45 pm. Sailors should be rigged to get on the water as soon as possible in the morning. Training gear (trainers etc) is also essential for on shore sessions/alternatives.

Each day costs £20 (£15/ day if 2 or more sessions are pre booked), and participants must complete the application form.

THE FOLLOWING DAYS HAVE BEEN ORGANISED FOR 2008:

Date	Venue
21 <sup>st</sup> June 08	East Antrim Boat Club
July/ August	tba
July/ August	Carrickfergus Sailing Club
5 <sup>th</sup> July	Carlingford Lough Yacht Club
14 <sup>th</sup> September	Lough Erne Yacht Club
20 <sup>th</sup> September	Strangford Lough Yacht Club

If you wish to take part in any of the County Day Training events, please fill in the application form in full below and send it to:

The CDT Administrator  
RYANI  
House of Sport  
Upper Malone Rd  
Belfast  
BT9 5LA

Please return to: The CDT Administrator, RYANI, House of Sport, Upper Malone Road, Belfast, BT9 5LA



## **COUNTY DAY TRAINING ATTENDANCE CONFIRMATION FORM**

Please indicate which County Day Training session(s) you wish to attend and the class of boat you intend to sail:

Topper

Optimist

Laser 4.7

Date	Venue	Please tick
21 <sup>st</sup> June 08	East Antrim Boat Club	<input type="checkbox"/>
July/ August	tba	<input type="checkbox"/>
July/ August	Carrickfergus Sailing Club	<input type="checkbox"/>
5 <sup>th</sup> July	Carlingford Lough Yacht Club	<input type="checkbox"/>
14 <sup>th</sup> September	Lough Erne Yacht Club	<input type="checkbox"/>
20 <sup>th</sup> September	Strangford Lough Yacht Club	<input type="checkbox"/>

### **1. Fees and payment**

I enclose **£20** for (each of) the County Day Training Session(s) on the day. Session booking made prior to the day cost £15 each. All County Days are subsidized by the *Sports Council of Northern Ireland*.

### **2. Liability conditions**

- (i) By signing this entry form, participants accept that they are responsible for themselves, their crew and their boats, whether afloat or ashore.
- (ii) Nothing done by the organizers (i.e. the RYA, the club, coaches, patrol craft and anyone helping to run the training) relieve participants of their responsibilities.
- (iii) By launching participants imply the suitability of their boat and the competence of the skipper and crew for the expected or forecast conditions.

The provision of patrol craft does not relieve participants of their responsibilities.

### **3. DETAILS OF INDIVIDUAL**

Name	
Date of Birth	
Address	
Post Code	
Club	

### **4. EMERGENCY TELEPHONE NUMBERS**

Name	
Telephone (day)	
<b>Mobile number</b>	
Relationship with individual	
EMAIL ADDRESS	

Please return to: The CDT Administrator, RYANI, House of Sport, Upper Malone Road, Belfast, BT9 5LA



### 5. MEDICAL INFORMATION

I/we confirm that the participant is free from any MEDICAL condition, which could affect the safety of my own child or others at the event. **YES/NO**

I allow First Aid to be administered if required. **YES/NO**

Please detail any conditions/medication as appropriate below:

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### 6. PARENT/GUARDIAN DECLARATION

Participant's Name \_\_\_\_\_

Under law, this participant is my dependent. I accept the Disclaimer of Liability below, which excludes my dependent's right to claim compensation in certain circumstances. I declare that during the training the boat sailed by my dependent will have a valid and current third party insurance of at least £2m or the equivalent in another currency. I confirm that my dependent is competent to take part.

#### DISCLAIMER OF LIABILITY:

Participants are entirely responsible for their own safety, whether afloat or ashore, and nothing reduces this responsibility. It is for participants to decide whether their boat is fit to sail in the conditions in which it will find itself. By launching or going to sea participants confirm the boat is fit for those conditions and they are competent to sail and compete in them. Nothing done by the organizers can reduce the responsibility of the owners and/or participants, nor will it make the organizers responsible for any loss, damage, death or personal injury, however it may have occurred, as a result of the boat taking part in the activity. The organizers encompass everyone helping to run the activity. The provision of patrol boats does not relieve owners and participants of their responsibilities.

### 7. PHOTOGRAPHIC IMAGES

I hereby grant the RYA NI the absolute right to use the images resulting from photography at the activity mentioned above. This includes any reproductions or adaptations of the images for all general publicity purposes.

**Signed (parent/ guardian):** \_\_\_\_\_

Name (print): \_\_\_\_\_

**Date:** \_\_\_\_\_

Please return to: The CDT Administrator, RYANI, House of Sport, Upper Malone Road, Belfast, BT9 5LA