



## **RYANI MONTHLY EMAIL BULLETIN Issue no 10 November 2006**

**Welcome to the November issue of RYANI'S email bulletin. Please pass it on to as many people as possible, and print it for your club notice board. You can also take text out of it to use in your own club newsletter. The bulletin can be sent to individuals as well as to clubs and centres. If you would like to receive this email bulletin every month, just contact [ryani@btconnect.com](mailto:ryani@btconnect.com)**

### **RYA NI ELECT A NEW CHAIRMAN**

At the AGM in October Stanton Adair was elected Chairman of RYA NI. Dr Stanton Adair was for many years a GP in Bangor Co Down. His particular medical interests have included teaching and governance matters. In the early nineties Stanton spent some time in Jeddah Saudi Arabia playing a major role in the reorganization of their health services. He is presently the Director of Primary Care for the Eastern Health and Social Services Board and is married with four grown-up children. Stanton lives in Bangor and has sailed in keel boats for many years both as a member of Ballyholme Yacht Club and Royal Ulster Yacht Club. He is a past Honorary Secretary and Rear Commodore of RUYC. During his years of racing he was successful in winning the NI Offshore Championship on a number of occasions. More recently his interests have turned to cruising. This has mainly been on the Scottish West Coast and has also included areas further a field such as the Channel Islands, Greece, the Caribbean and Sweden.

### **AGM NEWS**

Maeve Bell stepped down after a two year stint as RYA NI Chair. Maeve has been onboard for 8 years as a Member of the Executive and will serve a further year as Immediate past Chair. Maeve has indicated her willingness to remain involved in key issues and has already been appointed to the NI Coastal Zone Management Committee.

The vacancies that remained on the Executive have now been filled. Irene Aston who brings her expertise from her day job as University of Ulster's Director of Corporate Planning and Governance to her new role on the RYA NI Executive as Honorary Secretary and Company Secretary. Jay Colville EDYC, Nationwide's NI Area Director, has filled the Vice Chairman's position.

### **An Equitable Organization**

RYA NI is the second sport in Northern Ireland to achieve The Equality Standard for Sport Foundation level which demonstrates RYA's commitment to equality.

What is it? The first ever equality Standard for sport was launched in November 2004. It is a framework for assisting sports organisations to widen access and reduce inequalities in sport and physical activity from under representative individuals, groups and communities especially women and girls, ethnic minority groups and disabled people. It is based around two broad themes: developing organisations and services through four levels of achievement: Foundation, Preliminary, Intermediate and Advanced.

Jackie Reid RYA Personnel & Admin Manager worked closely with RYA NI, RYA Scotland and Welsh Yachting Association to submit the portfolio to UK Sport. The award was made collectively.

## **Development News**

### **DISABILITY AWARENESS TRAINING**

RYA NI has assisted Donaghadee Sailing Club to organise a Disability Awareness Training Weekend. The training will take place at Newtownards Sailing Club. The course is open to all clubs and will involve both disability awareness training and the training of disability awareness trainers. The date for the course is Saturday Nov 25th 9.30 a.m. the cost is £5.00 to cover tea, coffee and a light lunch. Contact Laurence Baalham at 07074 440086.

### **CHILD PROTECTION AWARENESS COURSE**

RYA NI is running a Child Protection Awareness Course on Wed Nov 29<sup>th</sup> at the House of Sport, Upper Malone Road. It is a three hour course which will start at 19.00. Contact Eamon Masterson 02890 383812 to book your place.

## **Training News**

### **SAFETYBOAT COURSE**

RYA NI & Quoile Yacht Club are jointly running a Safety Boat course on the weekend of Nov 18 & 19. Qualifications are minimum age 16, powerboat level 2. Cost is £50 contact Eamon Masterson at 07834415034 to book.

### **Green Light for Red Diesel?**

RYA nationally has been lobbying hard for the continuation of the tax reduction on 'red' diesel used by most marine engines and has succeeded in getting government backing to preserve the current UK derogation. British officials are now helping promote the cause in Europe where the final decision will be taken. If the derogation is lost and sailors and boaters have to pay full pump prices, it will probably be much harder to find refuelling facilities when cruising. This could have important safety and passage planning implications.

### **2007 Dinghy Sailing Show**

The dinghy show organised by RYA each year will take place on Saturday 3 and Sunday 4 March 2007 at Alexandra Palace, London.

### **Fallen foul of the Racing Rules?**

A new 'rules disputes' process, to resolve disputes without the need for formal protest hearings, will be rolled out this winter. Watch this space.

There is also key information on the main RYA website about the rules. This includes an advisory service to help individuals, clubs, classes and other organisations with their interpretation of the racing rules.

[www.rya.org.uk/racingrules/advisory+service.htm](http://www.rya.org.uk/racingrules/advisory+service.htm)

### **Race Officials and Club Race Management**

Check out the website for loads of information

[www.rya.org.uk/WorkingWithUs/raceofficials/](http://www.rya.org.uk/WorkingWithUs/raceofficials/)

### **RYA NI Young Sailor of the Year**

**Tiffany Brien** was presented with the Young Sailor of the Year Award 2006 at the RYA NI AGM in October. Tiffany began racing in the Optimist class at her home club, the Royal North of Ireland Yacht Club. With strong participation in the Optimist throughout Ireland, she worked her way on to the Irish Europeans Team

in 2005. Since then she has represented Northern Ireland in the Topper class, becoming a member of the RYANI Topper Squad in 2004. Tiffany has shown great diversity by sailing the likes of Mirrors, Squibs and Dragons and moved into the Laser 4.7 in 2006, where she has had a number of successes in the UK and Ireland as part of the RYANI Youth Squad.

Tiffany has recently moved in to the Radial class, where she hopes to repeat her successes as part of the Northern Ireland Youth Squad. She is the RYA NI nomination for the National Award Raymarine Young Sailor of the Year. The overall winner will be announced at the 2007 London Boat.

Tiffany's 2006 achievements were:

Member of RYANI Youth Squad  
5<sup>th</sup> 4.7 Munster Championships  
1<sup>st</sup> 4.7 Irish Youth Nationals  
3<sup>rd</sup> Topper Ulster Championships (1<sup>st</sup> Girl)  
1<sup>st</sup> 4.7 Ulster Championships  
9<sup>th</sup> Mirror Ulster Championships  
9<sup>th</sup> 4.7 Leinster Championships  
25<sup>th</sup> 4.7 World and European Championships, France  
6<sup>th</sup> 4.7 British Championships (2<sup>nd</sup> Girl)  
5<sup>th</sup> 4.7 Irish Nationals (1<sup>st</sup> Girl)  
1<sup>st</sup> 4.7 RYA Northern Ireland Championships.

### **PERFORMANCE NEWS**

September heralded a new era in Performance sailing for RYA NI with the appointment of a full time Performance Manager. The new RYA NI Performance Manager Richard Honeyford has been kept very busy in his new post. He hit the ground running with the very successful Youth Championships in September followed by the Squad Trials during October. The former post holder Bill O'Hara has worked closely with Richard over the past months to enable a smooth hand over. Bill will still be involved at a distance through his membership on the Performance Committee. Richard will be kept very busy with the increased emphasis on participation at the 2012 Olympics.

### **Youth & Junior Squads announced**

Selection trials took place during October with record numbers in attendance. First squad training is set for February 07, details and squad updates can be found on the RYA NI website.

Performance Manager Richard Honeyford commented " I am encouraged by the number of sailors we had at the Junior and Youth Squad selections and those who have not been selected have been advised on how best to develop their sailing. It is also important that NI Clubs realise the opportunities available for young sailors and our role in club development through the Champion Club Programme and its benefits. I am keen to develop close links here to help increase participation and continue our success in performance; the clubs are key to this success."

### **RYA NI Youth Laser Squad**

<b>Class</b>	<b>DOB</b>	<b>Club</b>
Rad Baker	Hammy	09/01/90 QYC

Rad	Bradley	Finbar	29/09/89	CLYC
Rad	Brien	Tiffany	10/08/90	RNIYC
S	Cody	Neil	02/05/90	LEYC
Rad	Maskey	Lisa-Marie	20/06/90	CSBC
	4.7 McCann	Michael	08/07/92	CLYC
Rad	McCann	Sarah	23/12/89	CLYC
Rad	McCartin	Barry	13/07/89	CBSC
Rad	McLaughlin	Catherine	01/08/92	CBSC
Rad	McPartland	Keith	10/08/89	LEYC
Rad	Morris	Ruth	24/05/89	CLYC
S	Murphy	Rory	27/09/89	QYC
Rad	Penney	Chris	06/10/91	CSC
Rad	Roberts	Rory	21/04/92	BYC
Rad	Simms	Conor	14/01/92	BYC
	4.7 Vaughan	Ross	10/06/92	RNIYC
Rad	Waugh	James	06/03/91	CSC

### **RYA NI Junior Topper Squad**

Brien	Jessica	04/04/92	RNIYC
Chambers	Hannah	10/01/93	KYC
Cully	Jonathan	03/08/92	DSC
Eames	Christopher	17/10/94	SLYC
Ghareeb	Ash	22/05/94	LEYC
Ghareeb	Ali	18/06/92	LEYC
Gilmore	Robbie	13/07/95	SLYC
Henry	Jonathan	09/04/92	BYC
Henry	Andrew	02/06/93	BYC
Kinkaid	Matthew	27/09/92	CLYC
Law	Kathryn	15/12/92	BYC
Loughead	Oliver	14/04/93	BYC
Loughead	Ryan	18/08/94	BYC
MacAdorey	Mia	24/03/92	CLYC
Murphy	Sophie	09/02/94	QYC
Murray	Robert	18/02/93	LEYC
Anderson	Philip	10/11/92	DSC
Wilson	Ryan	04/06/93	CSC

Molloy	Michael	21/04/93 EDYC
Martin	Finan	20/04/94 LEYC

### **Two Sailors make the grade for the ISA Academy**

RYA NI Youth Squad members Tiffany Brien RNIYC and Chris Penney CSC have accepted their places on the ISA Youth Academy. Invitations are based on the sailor's performance. The Academy's emphasis is on achieving Youth World results and acts as a talent pool for the ISA's Olympic Squad. Congratulations to both Tiffany and Chris and good luck as they progress through their sailing careers.

### **Sports Institute NI (SINI)**

Ryan Seaton has been accepted into SINI on a trial basis to work alongside our current athletes Debbie Hanna, Matt & Russell McGovern.

### **What is SINI?**

The Sports Institute Northern Ireland (SINI) is a partnership between the **Sports Council for Northern Ireland** and the University of Ulster. SINI aims to provide specialist services and key facilities for up to 120 able bodied and disabled, international and national, sportsmen and women, to improve their competitive capacity within the worlds sporting arena.

The core purpose of the Institute is :

**"To create an environment that nurtures and leads high performance athletes and coaches through the provision of facilities, services and expertise."**

SINI is giving athletes competing in the high performance environment, priority access to support services and eventually to first class facilities. The Institute promotes excellence in sport and is one of a network of Home Country Institutes.

The development of high class facilities supported by highly trained and qualified staff means the Institute is uniquely placed to support identified, talented sports people, and bring together high performance athletes, internationally recognized sports researchers, high level coaches and sporting organizations which will develop sports people to their full potential.

The long term goal of the Institute is to produce

### **"Consistent Medal Winning Performances"**

This will be done through three strategic goals :-

- Create a World Class support centre
- Support winning athletes and their coaches
- Communicate successfully

Currently the 70 SINI athletes include squads from the core sports of Athletics, Gaelic Football, Hockey and Rugby plus some individual athletes from the "Athlete Support Programme". These individual athletes come from sports such as Judo, Squash, Water-Skiing, Sailing, Rowing, Badminton, Weightlifting and Swimming

Services provided to high performance athletes at SINI include:

- **Strength and Conditioning** advice, support and programme development
- **Sports Medicine**
- **Physiotherapy** and injury management
- **Sports Science** including physiology, nutrition, biomechanics, sports psychology and performance analysis
- **Performance Lifestyle**

### **Sail for Gold**

The event was introduced at the 2012 Olympic venue to allow sailors to compete in the waters. NI had 6 sailors competing; Kylie McMillen, Debbie Hanna, Russell McGovern, Matt McGovern, James Espey, and Ryan Seaton. The best result came from James Espey who finished 6<sup>th</sup> place overall in the Laser Standard which is an excellent sign of his progress in the class against a highly competitive fleet.

### **RYA NI Cruising Seminar 2007**

Back by popular demand! The set for Saturday March 3<sup>rd</sup> venue is RUYC. Further details in the next bulletin.

### **A New web forum for powerboaters**

Motorboating and Powerboating Members of RYANI might be interested in a new virtual Motor Boat Club, Powerboat.ie

There are already several Northern Ireland members in the current membership (since launching this year) of 250.

The aim is to bring users of all types of powered craft in Ireland together on the one website and it seems to be working !

The forums [www.powerboat.ie/forums](http://www.powerboat.ie/forums) already cater for motor cruisers, inland waterways, divers, ribs, pwcs and professional and rescue users.

All are welcome, and membership is completely free!

Dates for your diary

Safetyboat Course Nov 18<sup>th</sup> & 19<sup>th</sup> at Quoile YC

Disability Awareness Training Nov 25<sup>th</sup> at Newtownards SC

Child Protection Awareness Course on Wed Nov 29<sup>th</sup> at House of Sport

London Boat Show Jan 5<sup>th</sup>-14<sup>th</sup> at Excel London

RYA NI Council Meeting Feb 5<sup>th</sup> at County Antrim Yacht Club

Dublin Boat Show Feb 14<sup>th</sup>-18 RDS Simonscourt Dublin

Squad Training Feb 17<sup>th</sup> & 18<sup>th</sup> Toppers at Killyleagh YC, Lasers at Killyleagh OEC

Dinghy Sailing Show 3<sup>rd</sup> & 4<sup>th</sup> March Alexandra Palace London

### **PHOTOGRAPHS**

Photographs can be viewed on [www.ryani.org.uk](http://www.ryani.org.uk)

### **YOUR INPUT IS NEEDED**

Please feel free to send any RYANI related information for inclusion in the next bulletin to Lisa Waugh [admin@ryani.org.uk](mailto:admin@ryani.org.uk) by November 30<sup>th</sup> latest.

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This bulletin is compiled and produced by Lisa Waugh.

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